



bamford

## Treatment Menu & Product Guide

THE BOUTIQUE CHALET COMPANY

“What goes on the body is as important  
as what we put inside.”

*Carole Bamford*



# Bamford Spa at The Boutique Chalet Company

This winter we are beyond excited to continue our collaboration with Bamford, whose philosophy of 'the simple pleasure of quality' sits so well with our own values.

Our facials and body massage treatments are a fusion of traditions; shiatsu, meridian, Swedish, abdominal, Indian head massage, reflexology and yogic breathing. These are holistic treatments that work on both the physical body alongside more subtle energetic layers.

Each individually crafted treatment uses specially-formulated products from the Bamford body and skin-care collections, made from natural and organic ingredients certified by the highest standard of The Soil Association.

To book a treatment whilst in resort please speak to a member of your property team or call +33 (0)6 38 10 73 04 to speak directly to our spa team.

For advanced bookings or further information please speak to our concierge team on +44 (0)20 3588 6002 or email [concierge@theboutiquechalet.com](mailto:concierge@theboutiquechalet.com).

**We are please to offer reduced rates for treatments booked outside of our peak hours. Reduced prices are shown in brackets. Peak hours are from 16:00 to 20:00. To benefit from the reduced rate all of the booked treatments must be completed outside of the peak hours.**

# Treatment Packages

The perfect way to unwind during your stay – indulge in a series of luxurious Bamford treatments. Perfect gifts for yourself and those you love from sixty minutes of relaxation to a whole blissful day.

**THE SIGNATURE COLLECTION (2.5HRS) 239 EUR**

Comprising of both the bamford body signature and bamford bespoke facial – an immersive, indulgent truly personalised treatment to revive and restore body and mind.

**BGD SIGNATURE EXPERIENCE FOR GENTLEMEN (2.5HRS) 249 EUR**

The Bamford Grooming Department signature experience has been specially created for the modern active man. A combination of the signature body treatment and mens facial. Restores your equilibrium ready for the challenges ahead.

**FRIENDS & FAMILY JADE STONE EXPERIENCE (3 X 55MINS) 289 (269) EUR**

Share the enjoyment of three successive jade hot and cold stone treatments one afternoon with family or friends. The jade stone is a symbol of purity and serenity. Its chemical composition lends itself to retaining heat and conducting energy. A massage with organic oils is combined with warmed and cooled stones, a unique and profoundly relaxing experience.

## Bamford Body Treatments

### **BAMFORD BODY SIGNATURE (85MINS)**

**169 (159) EUR**

Opening with a cleansing footbath followed by shiatsu, meridian and Swedish massage, this treatment awakens and penetrates the muscles and energy channels of the body. Reflexology inspired foot massage helps to encourage the positive flow of energy throughout the body and to detoxify the organs. Pressure point massage to the face, neck, shoulders and head is deeply relaxing and uplifting. The treatment culminates with assisted yogic breathing to refresh the lungs and revitalise the whole of the body.

### **BAMFORD JADE HOT AND COLD STONE (85MINS)**

**159 (149) EUR**

**(55MINS)**

**119 (109) EUR**

Jade is a symbol of purity and serenity. Its chemical composition lends itself to retaining heat and conducting energy. A massage with organic oils is combined with warmed and cooled stones, a unique and profoundly relaxing experience.

### **BAMFORD DEEP TISSUE MASSAGE (55MINS)**

**109 (99) EUR**

An excellent full-body massage focusing on major muscle groups as well as stimulating sources of energy deep within the body.

### **BAMFORD BACK, NECK & SHOULDER MASSAGE (30MINS)**

**69 EUR**

A focused deep massage directed at the most common areas of tension in the body. Swedish massage techniques are used to work into the muscle groups of the back and shoulders with special attention given to any knots. Specific pressure points are targeted in the upper back and neck to encourage full relaxation and tension release.

## Bamford Body Treatments

### **BAMFORD DE-STRESS MASSAGE (55MINS)**

**109 (99) EUR**

A concise treatment including many of Bamford's signature techniques to aid in the reduction of stress. A soothing footbath is followed by shiatsu, meridian and Swedish massage, awakening energy and relieving tension. Reflexology and leg massage follows, encouraging the positive flow of energy throughout the body, cleansing it of toxins and restoring vitality.

### **BAMFORD PREGNANCY MASSAGE (55MINS)**

**109 (99) EUR**

A treatment tailored to the specific needs of the pregnant woman using gentle and unscented oils. Designed by an expert in pregnancy yoga, the client is positioned for optimum comfort and support for a safe, deeply relaxing and restorative treatment.

### **BAMFORD FULL BODY EXFOLIATION (55MINS)**

**129 (119) EUR**

The whole body is lightly massaged with a warm blend of pure sea salt and brown sugar suspended in rich oils and body butters. This loosens dry and dead skin cells and give way to smooth new skin. The sugar polish is removed with a warm shower followed by the application of our organic oils.

## Bamford Facial Treatments

### **AWAKEN: RESURFACING ORGANIC FACIAL (55 MINS) 119 (109) EUR**

A radiance boost designed to leave skin smoother, refined and glowing. Particularly recommended for sun damage, uneven texture or between seasons. After the opening cleanse, skin is gently resurfaced with ultra-fine volcanic exfoliants and fruit enzymes. Facial reflexology stimulates and drains the lymphatic system to resurface, then a facial massage using hot and cold jade stones stimulates circulation. Your therapist works with a skin-balancing tonic containing prebiotics and micro algae to balance the skin's ph and microbiome, then a relaxing neck and shoulder massage is performed while a resurfacing mask is absorbed. Rich moisturiser and a refining serum complete the treatment leaving you with radiant, glowing skin.

### **RESTORE: REJUVENATING ORGANIC FACIAL (55 MINS) 119 (109) EUR**

A deeply hydrating treatment designed to lift and plump the skin and reduce the appearance of fine lines and wrinkles. Particularly recommended for dry or mature skin. After the opening cleanse, facial reflexology stimulates and drains the lymphatic system to plump and tone the skin, then a facial massage using hot and cold jade stones stimulates circulation. Your therapist works with a skin-balancing tonic containing prebiotics and micro algae. A deeply relaxing neck and shoulder massage is performed while a hydrating, plumping mask is left to absorb. Made with soy stem cells and hyaluronic acid, a naturally-occurring substance in the skin that retains water and maintains elasticity, the mask helps to reverse and prevent the signs of ageing. Eye cream containing cacay nut oil – one of the world's richest sources of vitamin A, which boosts the production of collagen and elastin and reduces the appearance of fine lines and wrinkles, is then applied using soothing cold moonlight stones. Skin is left firmer, rejuvenated and more youthful-looking.

### **PURITY: DETOXIFYING ORGANIC FACIAL (55 MINS) 119 (109) EUR**

A purifying treatment to brighten and clear the skin, target blemishes and pigmentation. Recommended for oily, blemished or menopausal skin or anyone affected by city pollution. Our signature double cleanse and steam works deeply to extract impurities, while the lilac flower extract in the purifying cleansing mousse reduces sebum production, pigmentation and inflammation. Facial reflexology stimulates and drains the lymphatic system to detoxify the skin, while a facial massage using hot and cold jade stones stimulates circulation. A skin-balancing tonic containing prebiotic and micro algae balances the skin's ph and microbiome. A deeply relaxing neck and shoulder massage is performed while a mineral-rich detoxifying clay mask is applied then left to dry, drawing out toxins, heavy metals and pollutants. Moisturiser and serum are applied to finish, leaving skin soothed, pure and beautifully clear.

## Bamford Grooming Department

Born out of a collaboration between mother and son, Carole and George Bamford, our collection of skincare, grooming and travel essentials is fragranced and designed exclusively for men.

### **BGD SIGNATURE TREATMENT (85MINS) 169 (159) EUR**

The Bamford Grooming Department signature treatment has been specially created for the modern active man. A combination of traditional Japanese massage, Swedish massage, hot stones therapy, acupressure facial and reflexology. The treatment encourages blood flow through the body, relieves over-tired muscles and pain, reduces stress and promotes deep relaxation. The signature treatment restores your equilibrium ready for the challenges ahead.

### **BGD MENS FACIAL (55MINS) 119 (109) EUR**

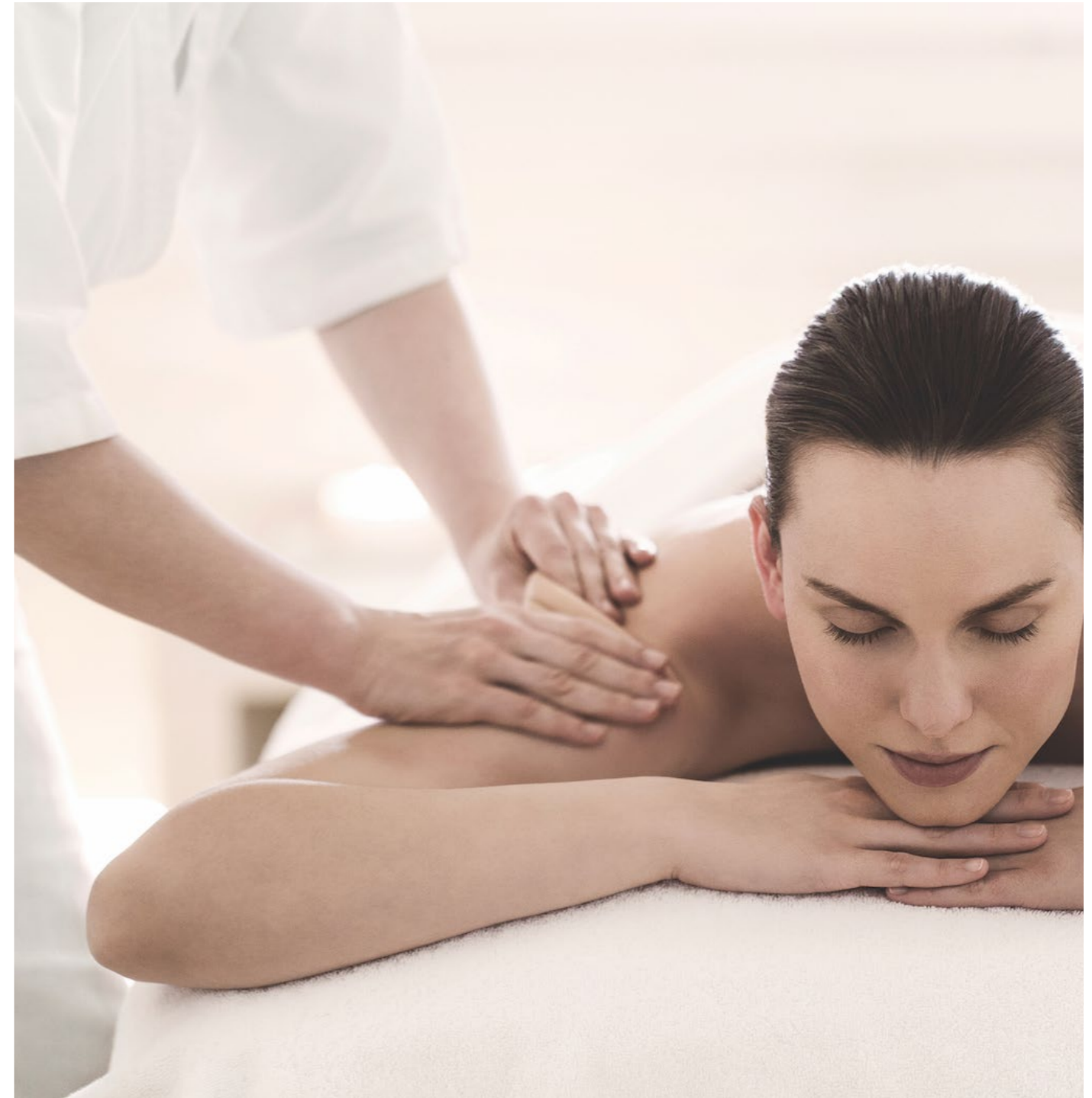
Bamford Grooming Department 'Edition 1 Bespoke Facial Treatment' is a deeply cleansing and brightening facial. A thorough cleanse with hot steam towels is followed by a charcoal and black quartz exfoliation with special attention given to any concerns. Leaves skin smooth and healthy. Pressure point facial head and arms massage are great for reducing stress and promoting deep relaxation.

### **BGD DEEP TISSUE MASSAGE (55MINS) 109 (99) EUR**

An excellent full-body massage focusing on major muscle groups as well as stimulating sources of energy deep within the body. Our expert therapists work more deeply on areas of tension to relieve muscular tension and restore vitality of the body. The Bamford Grooming Department deep tissue massage uses the BGD Edition 1 oils with extracts of fresh vetiver, bergamot, cassis, wood smoke, warming dark amber, agarwood and leather.

# Bamford Spa Treatments Terms & Conditions

- Bamford Spa treatments are very popular with clients and we recommend booking early to secure your preferred time.
- To secure your preferred treatment time you will be asked to provide a non-refundable deposit at the time of booking, the value of which will be the greater of 30% of the treatment cost or 30 EUR. Payment can be made by Bank Transfer and we also accept most major credit / debit cards.
- The remaining 70% of the treatment cost is due six (6) weeks before your arrival date, in line with the Payment Terms for your stay with The Boutique Chalet Company per [Section 6](#).
- It is essential that you arrive for your treatment at the agreed time. Our comprehensive treatment programme is offered across our property portfolio, which can involve significant travel within resort for our therapists. Is it therefore not possible for treatments to exceed their allotted time slot to accommodate late arrivals. For the avoidance of doubt: late arrivals forfeit any lost treatment time without refund or credit.
- Should you elect to cancel your stay, the relevant provisions of [Section 18](#) will apply to any treatment bookings made, with the exception that the non-refundable treatment deposit will not form part of any cash repayment.



## Bamford At Home



Continue the Bamford Spa experience in the comfort of your own home or take home a gift for a special someone. We stock a range of Bamford's signature products for you to purchase and can also arrange for gifts to be posted directly to your home.

### **BATH & BODY**

Botanic Lip Balm   pink grapefruit, peppermint & rose (15ml)	15 EUR
Botanic Nurture Balm   camomile, lavender & tea tree (60ml)	26 EUR
Botanic Hand Cream   camomile, lavender & tea tree (75ml)	26 EUR
Botanic Bath Salts   geranium, lavender & peppermint (250g)	32 EUR

Green Weekender | geranium, lavender & peppermint 27 EUR

Everything you need for that special weekend away. This set includes unbreakable travel sizes of Bamford's natural formulations for healthy hair and pampered skin. Set comes in white muslin bag (4 x 50ml, 2 x 30g).

Geranium Duo | geranium, lavender & peppermint (2 x 250ml) 49 EUR

Our best-selling geranium hand & body wash and hand & body lotion both wrapped in our white Bamford box.

Rose Duo (2 x 250ml) 49 EUR

Rose hand & body wash and hand & body lotion wrapped in our white Bamford box.

Jasmine Duo (2 x 250ml) 49 EUR

Jasmine hand & body wash and hand & body lotion wrapped in our white Bamford box.

### **FOR GENTLEMEN**

BGD Edition 1 Travel Kit | vetiver, agarwood & dark amber 75 EUR

Perfect for travel. this kit contains everything a gentleman needs for a weekend away. Shampoo, hand & body wash, exfoliating face wash, moisturiser (3 x 90ml, 1 x 15ml).



bamford

Bamford Spa at The Boutique Chalet Company

[www.theboutiquechalet.com](http://www.theboutiquechalet.com)

To book a treatment whilst in resort please speak to a member of your property team or call +33 (0)6 38 10 73 04 to speak directly to our spa team.

For advanced bookings or further information please speak to our concierge team on +44 (0)20 3588 6002 or email [concierge@theboutiquechalet.com](mailto:concierge@theboutiquechalet.com).

THE BOUTIQUE CHALET COMPANY